

**Alpine FIS and USSA
Equipment Rules 2015-16**

	OWG, WSC, WC, WJC, all COC including NAC		FIS/ENL		USSA U19 (16 years old) and older *		USSA U16 (15 and 14 years old)		USSA U14 (13 and 12 years old)		Masters ***
	Men	Women	Men	Women	Men	Women	Men	Women	Boys	Girls	Men & Women
Minimum Ski Length	DH	218 cm	210 cm	213 cm	205 cm	210 cm	205 cm	DH or SG **	DH or SG **	DH or SG **	see note below
	SG	210 cm	205 cm	205 cm	200 cm	200 cm	195 cm	183 cm - SG or GS **	SG or GS **	SG or GS **	
	GS	195 cm	188 cm	190 cm	183 cm	180 cm	175 cm	GS **	GS **	GS **	
	SL	165 cm	155 cm	165 cm (155 cm for 16 year olds)	155 cm	165 cm (155 cm for U19 men)	155 cm	SL **	SL **	SL **	
Minimum Ski Radius	DH	50 m	45 m	50 m	45 m	45 m	33 m	DH or SG **	DH or SG **	DH or SG **	see note below
	SG	45 m	40 m	45 m	40 m	33 m	23 m	27 m	SG or GS **	SG or GS **	
	GS	35 m	30 m	35 m	30 m	23 m	no rule	17 m	GS **	GS **	
	SL	no rule	no rule	no rule	no rule	no rule	no rule	no rule	no rule	no rule	
Profile Width Under Binding	DH	max 65 mm	max 65 mm	max 65 mm	max 65 mm	not restricted	not restricted	not restricted	not restricted	not restricted	see note below
	SG	min 63 mm	min 63 mm	min 63 mm	min 63 mm	min 63 mm	min 63 mm	not restricted	not restricted	not restricted	
	GS	50 mm	50 mm	50 mm	50 mm	50 mm	50 mm	50 mm	50 mm	50 mm	
	SL	43 mm	43 mm	43 mm	43 mm	43 mm	43 mm	43 mm	43 mm	43 mm	
Maximum Binding Stack Height <i>Measurement includes ski + plate + binding</i>		50 mm	50 mm	50 mm	50 mm	50 mm	50 mm	50 mm	50 mm	50 mm	
		43 mm	43 mm	43 mm	43 mm	43 mm	43 mm	43 mm	43 mm	43 mm	
<i>Measurement from sole to top of foot bed</i>											

* In USSA U19 (16 years old) and older racing, athletes may use equipment that conforms to either the rules as outlined for USSA racing or as outlined for FIS/ENL racing. Athletes are encouraged to use equipment that conforms to FIS/ENL to enhance their adaptation to those specifications.

** Where the rule above only notes an event (no measurement listed), or combination of events, (e.g. U14 SG as SG or GS) the requirement is that the ski must be marked by the manufacture with that event designation.

*** USSA Masters rules conform to the FIS Masters equipment rules. USSA recommends that competitors in USSA Masters events compete on equipment designed for the particular discipline (DH, SL, GS, SG), but does not make any recommendations in regards to ski length, radius or profile width.

*** For FIS Masters Competitions, equipment rules in regard to ski length (except SG), radius and profile width are recommendations. The minimum ski length for SG skis is compulsory for MAS races. No length, width or ski radius restriction for ladies above 55 and men above 65 years of age. The FIS recommendations for ski length, ski radius and profile width can be found in the current *FIS Specifications for Competition Equipment*.

NOTE: U12 and younger athletes should limit skis based upon the recommendations in the Alpine Training System and the Course Setting matrix. U12 - 2 pairs (SL, GS), length skill/size appropriate. U10 - 1 pair (multi-event), length skill/size appropriate.